

WESTERN CROSS COUNTRY DAY CAMP



Cross Country Day Camp for: Kindergarten – 8th grade

The Western Runners Club is putting on a 3-day day camp for any students (k-8) interested in running. During this camp, the runners will learn the fundamentals of running, run a few workouts, play games, and get a feel for what Cross Country is all about! On the last day there will be a competition for the athletes to show off what they have gained during their time at the camp.

Questions? Email Coach Belote @ taylor.belote@wsdpanthers.org

Dates and Times:

Thursday, July 13th 8:00am – 11:00am

Friday, July 14th 8:00am – 11:00am

Saturday, July 15th 8:00am

Cost: \$50

Includes:

- T-Shirt
- Snack/Water each day
- Race Entry

Checks made out to: Western Runners Club

Register using the link or mailing in registration from below. Money and registration must be turned in BEFORE July 5th.

Sign-up using the link below:

<http://bit.ly/westernxccamp17>



First and Last Name: _____ Age: _____ Grade (Fall 17') _____

School Building Name: _____ Email: _____

Parent(s) Name: _____

Parent(s) Phone Number: _____ T- Shirt (Circle): YS YM YL S M L XL

Mail registration to: Western Athletic Department Atten: Taylor Belote 1400 S. Dearing Rd. Parma, MI 49269